



At Your Leisure

February 2009

James Kennedy is our Resident in the Spotlight this month. He was born and raised in the center of Eureka, California in 1927. His father worked for the State Department of Engineers. He left his home town when he enlisted in the Navy in 1944. He served as a Corpman and worked in various Naval hospitals. After the war, James attended Georgetown University in Washington, DC. He was selected to serve in the Foreign Embassy in Vienna for 4 years. He enjoyed his time in Europe but always looked forward to returning to the States. Upon his return, he attended a University in California and graduated with a degree in History.



James moved to New York City where he worked for the Hearst Corporation in their magazine division. Every time you read a Good Housekeeping Magazine, please think of James as he was instrumental in the operations of that magazine for 30 years. While on vacation in the Southwest, he passed through Sedona, AZ. Coupled with his love of the outdoors and his fondness for the Western States, he made a promise to himself that someday he would live in that town.

Upon retiring from the Hearst Corporation, he made good on that promise and moved to Sedona. James lived there for many years enjoying his retirement surrounded by the beauty of the red rocks. James moved into the Arizona State Veteran Home in February of 2003. He has been an active member of our Resident Council. He has performed in numerous variety and talent shows and even served as our town Sheriff. Mr. Kennedy is always willing to pitch in and help the ASVH live up to its reputation as a fun and entertaining place to live.

Thank you Mr. Kennedy for your laughter, great conversations and spirited debates. The Arizona State Veteran Home is honored to be able to serve you after all of your service to our country.

*Happy
Valentines
Day*
President's Day

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Candy Covarrubiaz
Editor

Wish List

DONATIONS NEEDED



Ice Cream Treats on the weekly bus trip (\$25.00 per week buys everyone an ice cream cone or soda pop)



Chia Pets



Gift Cards to I tunes or Walmart Downloads



Gift Shop Coupons – You may put money on the “books” for the vets so they can buy items from our gift shop. If you would like to buy a resident a soda and candy bar it would cost \$1.25. You may donate \$31.25 to sponsor a hallway of residents.



Planted bulbs waiting to be watered and bloom



Electric Citrus Juicers (need 4 of them, 1 for each unit)



\$5.00 gift cards to Wendy's Fast Food Restaurant



Dog Stroller for our volunteer pets



Larger Juicing Machine such as a Vita Mix



Entertainment Sponsorship, our budget does not allow us to bring in quality performances. We would like to offer a quality show 4 times per year, with each show costing approximately \$300.00.



Frozen Yogurt Machine



Rhoades Car (surrey bicycle for 2) \$2500.00

Donations No Longer Needed

Thanks to all our donors, the shelves of the Honeywell Library are now full. This is hard to say, but we are no longer accepting donated books.

We are also not accepting toiletry items any longer due to the risk of outdated supplies. Please consider donating money to the gift shop token program. These funds are placed on the accounts of each resident so they may purchase items of their choice.

Donations with a Stipulation

We are only accepting puzzles that are 100 pieces or less.



Donations

Thank You to Our Donors

Orchid Society
Sun City Elks
Sonny Horath: Magical Moments
Mike Hartman
Stewart's Military Antiques
East Valley Chapter American
East Valley Chapter of American EX POW's
Cactus Wren Republican Women of Phoenix
American Legion Riders
Riders USA
Joe Hopf and family
Kathy Campbell
Sonny Horath – Magical Moments
Retro Folk
Phoenix West Elks 2729
Mel Lindberg
Girls Hope
Ray Harvey MOH Chapter KWVA
Jewish War Veterans
American Legion Post 1 Auxiliary
Chapter 691 MOPH

Ladies Auxiliary Unit 691 MOPH
VFW – Department of Arizona
Cards for Caring
Ladies Auxiliary to the VFW Post 3632
American Legion Auxiliary Sipe-Peterson Unit 44
Phoenix West Elks 2729
Buckeye Elks Lodge 2686
Hammock Family Foundation
Don and Mary Milburn
Elks Lodge 335
Superior Home Services
Sun Lakes United Methodist Church
VFW Post 3513 Auxiliary
Bonnie Lyone Montgomery
Wounded Warriors – American Legion Riders Chapter 129
Salvation Army
VFW Post 6310
American Legion District 12
American Legion Post 27



Volunteer Information

Volunteers Needed:

Shopping Trip Tuesday February 10th 8:30 am – 12 noon
Weekend Shifts at the Gift Shop (3 hour shifts)
Thursday Canteen Trips next door at the Hospital 10:00 am – 12:30 pm

BINGO MARATHON SPONSORS NEEDED

We believe the Veterans here are some of the finest bingo players in the world. On March 25th we are hosting the first annual Bingo Marathon to prove this point. We need the local organizations and volunteers to sponsor an hour of our Bingo Marathon. Your group would need to purchase bingo coupon booklets (approximately \$50.00 per hour). If possible we would like groups to come in and run your bingo hour, but if your group is unable to volunteer during the day, we would still gladly accept your sponsorship. Please sign up with Dannis Murphy, Recreation Therapy Supervisor, 602-263-1827.



Family Council

Please join the families of ASVH at the monthly Family Council Meeting that occurs every third Saturday of each month at 10:00 am in the Training Center. This is a time for families of ASVH to come together to resolve issues, express concerns, share ideas of how to improve the lives of our Veterans, as well as be a support system to each other. We welcome you to make the Family Council whatever you want it to be. The next meeting will be Feb 21st at 10:00 am.

Thank you,

Carrie Langford, LMSW

602-351-6890



Volunteer Spotlight

VA Canteen and catholic Mass Assistants are in our Volunteer Spot Light this month. This core group of volunteers works very hard assisting residents back and forth between the Arizona State Veteran Home & the VA Hospital. Every week the canteen volunteers escort residents to the VA to shop and have a snack in the cafeteria. Thanks to Jauna Daley, Doris McCrossin, Cathy Soper and Tom Gardner for their untiring energy in assuring that everyone who wants to go to the canteen is provided the opportunity. Residents wait in line to be able to go on these trips. Operation Wheelchair occurs every Sunday led by Joseph Shaughnessy. He coordinates with a variety of parishes to assist the residents to Catholic Mass at the VA hospital. Thank you to all these volunteers for making these trips possible. It takes a lot of energy and coordination to get everyone over to the VA who wants to go. Thank you for your commitment to this worthwhile program.

Resident Birthdays

Glynn W Strother 02/02

Flora L Rambo 02/02

Rodney H Hodges 02/06

Oliver Jordan 02/06

Charles D Jacoby 02/07

Lloyd G Whiteman 02/09

Daniel E Allgeier 02/09

Patrick OHara 02/11

Kenneth A LaFlame 02/15



Joseph R Czer 02/15

Harold Skoglund 02/15

Mary L Full 02/18

Arthur Wolfe 02/19

Herman Colter 02/19

Clarence Bonnee 02/21

Margaret C Escobar 02/28

Dwayne Thompson 02/28





Sun	Mon	Tue	Wed	Thu	Fri	Sat
Please Check Each Unit For a More Detailed Calendar of Events!						
1 	2 10am Donuts and Classic Films LH 2pm Bingo-Sun City Elks 	3 2pm World Views and Popcorn LH 	4 8:30am Walks in the park 10am Cooking: Small Kitchen 3:30pm Sensory Integration LH	5 9am Mid-week Services LH 10am-12:30pm Canteen Trips-all Units 2pm Bingo LH 	6 11am Sun City Fish Club-Outside 2pm Happy Hour LH 	7 10am Bingo-D1 2pm Boulder Ridge Stompers: Sponsored by the Cooties LH 
8 2pm Ice Cream Social 	9 10am American Legion Sing A Long 2pm Bingo: PHX Elks #335 (LH) 	10 9am Outing Wal-Mart 2pm World Views and Popcorn LH 	11 8:30am Walks in the Park 2pm Craft Group LH	12 10am-12:30pm Canteen Trips-All Units 2pm Bingo LH 6:15pm Poker and Game Night LH 	13 11am Memory Making Relaxation LH 11:40am Concert by Mary Stuart C-2 	14 10am AZ Swing Kids-out front 11:30am Ame. Leg.#41 Aux Choir 11:30 Sams Bar-b-q front portico
15 2pm Ice Cream Social 	16 10am Pokeno LH 2pm Concert: Leon Littleton LH 7pm Late Night Bingo LH 	17 9am Outing: Apache Junction Bingo 2pm Cooking: Small Kitchen 	18 10am Food Committee LH 12pm VFW Sponsored Outing Wild-life World Zoo 	19 10am-12:30pm Canteen trips -all units 2pm Bingo LH 	20 10am Karaoke Music C-2 2pm Happy Hour LH 3:30pm Fish Fry Cooties #9400 	21 10am 82nd Air-born Fish Club 10am Family Council meeting in Training Center 2pm Buffalo Soldiers Presentation
22 2pm Ice Cream Social 	23 10am Phoenix Art Museum 2pm Bingo PHX Elks # 335 LH	24 Quarterly Memorial Service LH 2pm Mardi Gras Party 	25 8:30am Walks in the Park 10am Ash Wednesday Service (LH) 2pm Sports/Games LH	26 10am -12:30pm Canteen trip-all units 2pm Bingo LH 	27 8:30am Kerr Cultural Center 2pm Happy Hour Liberty Hall	28 10am Bingo LH 2pm Gateway Elem. 5-6th Grade Choir  

Did You Know



February is the second month of the year. The name was derived from the Latin word *februa*, signifying the festivals of purification celebrated in ancient Rome during this month. February was originally 29 days long, but one day was later transferred to the month of August. It is now 28 days long in ordinary years, 29 days long in leap years. 2000 is a leap year. February is usually cold and stormy in the northern half of the world. But sunny days now and then show that spring is not far off. The air is often crisp and clear. People in the Southern Hemisphere enjoy midsummer weather during February.

February usually had 28 days until the time of the Roman statesman Julius Caesar. Caesar gave it 29 days in standard years and 30 every four years. According to tradition, the Roman emperor Augustus took one day off February to add to August, the month named after him. Today, February has 28 days in standard years and 29 in leap years.

Leap year has 366 days, or one more day than an ordinary year. A leap year occurs in every year that can be divided evenly by four, except the years that mark the even hundreds, such as 1500. The only century years that are leap years are those that can be divided evenly by 400, such as 1600 and 2000. Leap years were added to the calendar to make the calendar year nearly the same as the solar year, which is the time it takes for the sun to pass the vernal equinox twice. The extra day is added to the end of February and occurs as February 29 once every four years.

Many people consider the primrose the special flower for February.
The amethyst is the birthstone for February. The next leap year 2036.



Welcome To The Team!

Bernardita Daite	RN Pool
Michael Booker	Fiduciary Accountant III
Arlison Six	Veterans Benefits Counselor I
Tracy Kosednar	Unit Supervisor
Clark Leuthold	Administrative Service Officer II
Jaxinta Parra	Social Services



Word Search



Love

Cupid

Hearts

Date

Flowers

Chocolate

Strawberries

Fools

Couples

Romance

Friendship

Gifts

Smiles

Valentine

Candy



s	e	l	i	m	s	c	e	o	r	e
e	c	n	a	m	o	r	u	i	f	n
i	n	e	i	o	d	w	e	p	p	f
r	w	i	i	a	l	a	o	e	i	p
r	e	c	t	e	o	e	s	v	h	d
e	s	e	o	n	v	r	s	d	s	y
b	f	i	r	u	e	s	t	e	d	d
w	o	o	p	w	p	l	r	n	n	i
a	c	h	o	c	o	l	a	t	e	u
r	h	l	e	l	a	c	e	v	i	e
t	f	s	u	c	s	c	h	s	r	y
s	t	f	i	g	a	n	r	h	f	f

Recipe

Ingredients

- 6 ounces semisweet chocolate, chopped
- 3 ounces white chocolate, chopped
- 1 pound strawberries with stems (about 20), washed and dried very well

Directions

Put the semisweet and white chocolates into 2 separate heatproof medium bowls. Fill 2 medium saucepans with a couple inches of water and bring to a simmer over medium heat. Turn off the heat; set the bowls of chocolate over the water to melt. Stir until smooth. (Alternatively, melt the chocolates in a microwave at half power, for 1 minute, stir and then heat for another minute or until melted.)

Once the chocolates are melted and smooth, remove from the heat. Line a sheet pan with parchment or waxed paper. Holding the strawberry by the stem, dip the fruit into the dark chocolate, lift and twist slightly, letting any excess chocolate fall back into the bowl. Set strawberries on the parchment paper. Repeat with the rest of the strawberries. Dip a fork in the white chocolate and drizzle the white chocolate over the dipped strawberries.

Set the strawberries aside until the chocolate sets, about 30 minutes



Arizona State Veteran Home

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